

Monday	Tuesday	Wednesday	Thursday
Parent Relief Wed & Thurs 9:30 am – 2:30 pm <i>For more information or to book parent relief please call 416-358-0031</i>	We are happy to announce the addition another day of program!! Changes begin in May. EarlyOn drop in at Lambton school will be on Mondays from 9-2:30pm and Gooch drop-in will run from Tuesdays-Thursdays 9-3pm.		
Easter Monday 2	Lambton Park Community School 3 9 – 2:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle	4 9 – 12:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1 – 3 pm Make The Connection (Pre-registered Week 1) <i>*Please Note: Drop-in will close at 12:30*</i>	5 9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle
9	10 Lambton Park Community School 9 – 2:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle	11 9 – 12:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1:00-2:30 La Leche League Breastfeeding Support Group 1 – 3 pm Make The Connection (Pre-registered Week 2) <i>*Please Note: Drop-in will close at 12:30*</i>	12 9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle
16	17 Lambton Park Community School 9 – 2:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle	18 9 – 12:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1 – 3 pm Make The Connection (Pre-registered Week 3) <i>*Please Note: Drop-in will close at 12:30*</i>	19 9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle
23	24 Lambton Park Community School 9 – 2:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 10:00 Visit from the Public Health Nurse	25 9 – 12:30 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1 – 3 pm Make The Connection (Pre-registered Week 4) <i>*Please Note: Drop-in will close at 12:30*</i>	26 9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle

All our Programs are FREE of Cost. For more information please call 416-358-0031 or 416-532-8100 for main site or visit our website at www.cmcp.ca

Programs

Play & Learn Family Drop In

Parents/Caregivers and children are welcome to drop in to the program and enjoy our friendly atmosphere. This is a community based program, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!

Rhyme & Song Circle

This program introduces pre-reading and early literacy through play, puppetry, props and other interactive activities. This is an opportunity for children to use different senses to explore with books. Families will explore interesting stories, sharing their feelings and experiences together.

Information and Referrals

We offer assistance with referrals, questions and accessing community information and resources over the phone and in person. The program has pamphlets, books and parenting magazines for anyone to access. A Family Support Worker from 4-Villages Community Health Centre is available to meet families by appointment on request.

Parent Relief/Occasional Child Care

We offer temporary child care services for a negotiated time. Children are provided with a safe, warm and nurturing environment where they can interact and fully participate in early year's activities.

Visit from the Public Health Nurse

The Toronto Public Health Nurse will visit the drop-in to answer questions and speak with parents/caregivers about children's health and development.

La Leche League Breastfeeding Support Group

The second Wednesday of each month we will hold a breastfeeding support group with a certified La Leche League leader. No pre-registration required.

Make the Connection

This 9 week registered program is offered in partnership with Toronto Public Health. Come and learn about helping your baby to: feel loved and secured, "talk" to you, saying "no" with love, discover their world and helping your baby understand.

Locations:

Tuesday	<u>Lambton Park Community School</u> Drop In 9:00 – 2:30 pm 50 Bernice Crescent, Room 158
Wed & Thu	<u>Gooch Program</u> Drop In 9:00 – 3 pm 3735 Dundas Street West (In the Rec Room of the apartment building. Major intersection is Dundas St. W. and Scarlett Road) Buzzer # 244