


College-Montrose Children's Place Gooch FRP February 2018

Tuesday	Wednesday	Thursday
 <p>Join us for community hot lunches every Thursday at noon.</p> <p>Open to all of our participants</p>	<p>Parent Relief Wed & Thurs 9:30 am – 2:30 pm <i>For more information or to book parent relief please call 416-358-0031</i></p>	<p>1</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 12:00 Hot Lunch</p>
<p>6</p> <p>Lambton Park Community School</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Rhyme Circle</p>	<p>7</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1 – 2:30 Baby Time</p>	<p>8</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 12:00 Hot Lunch</p>
<p>13</p> <p>Lambton Park Community School</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Rhyme Circle</p>	<p>14</p> <p>9 – 3 Play & Learn Family Drop In 10-11:30 Valentine's Day Party 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1:00-2:30 La Leche League Breastfeeding Support Group</p>	<p>15</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 12:00 Hot Lunch</p>
<p>20</p> <p>Lambton Park Community School</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack</p>	<p>21</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1 – 2:30 Baby Time</p>	<p>22</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 12:00-1:00 Hot Lunch 11-1 Dietician's Visit</p>
<p>27</p> <p>Lambton Park Community School</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10 am Public Health Nurse Visit</p>	<p>28</p> <p>9 – 3 Play & Learn Family Drop In 10:30 – 10:45 Nutritious Snack 10:45 – 11:15 Song & Rhyme Circle 1 – 2:30 Baby Time</p>	

All our Programs are FREE of Cost. For more information please call 416-358-0031 or 416-532-8100 for main site or visit our website at www.cmcp.ca

Programs

Play & Learn Family Drop In

Parents/Caregivers and children are welcome to drop in to the program and enjoy our friendly atmosphere. This is a community based program, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!

Rhyme & Song Circle

This program introduces pre-reading and early literacy through play, puppetry, props and other interactive activities. This is an opportunity for children to use different senses to explore with books. Families will explore interesting stories, sharing their feelings and experiences together.

Information and Referrals

We offer assistance with referrals, questions and accessing community information and resources over the phone and in person. The program has pamphlets, books and parenting magazines for anyone to access. A Family Support Worker from 4-Villages Community Health Centre is available to meet families by appointment on request.

Parent Relief/Occasional Child Care

We offer temporary child care services for a negotiated time. Children are provided with a safe, warm and nurturing environment where they can interact and fully participate in early year's activities.

Locations:

Lambton Park Community School

Tuesday

Drop In 9:00 – 3 pm

50 Bernice Crescent, Room 158

Gooch Program

Wed & Thu

Drop In 9:00 – 3 pm

3735 Dundas Street West

(In the Rec Room of the apartment building. Major intersection is

Dundas St. W. and Scarlett Road)

Buzzer # 244