

Mon	Tue	Wed	Thu	Fri	Sat
					
8 Drop-in closed for staff training	9 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Family Literacy Circle Time 1:30-3 Baby Connect and Circle Time	10 9:00-11:30 Kindergym 11:00 Circle Time 11:30-3:00 Play & Learn Family Drop-in on 2 nd floor	11 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time with Musical Instruments	12 Play & Learn Family Drop-in at 180 Shaw St. 9:00 – 12:30	13 Play & Learn Family Drop-in at 180 ShawSt. 10 – 1:00
15 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time	16 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Family Literacy Circle Time 1:30-3 Baby Connect and Circle Time Baby Sign Language: Why, When and How	17 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time	18 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time with Musical Instruments	19	20
22	23 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Family Literacy Circle Time 1:30-3 Baby Connect and Circle Time	24	25 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time with Musical Instruments	26	27
29	30 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Narnia performance with St. Frere Andre students 1:30-3 Baby Connect & Circle Time	31	<p>Please note: Starting February 1st, 2018 our new Drop In program hours will be from Monday to Wednesday from 9 am – 3 pm. January 25th, 2018 will be our last day for Thursday drop-in program</p>		

All our Programs are FREE of Cost. For more information please call: 416-533-2829 or 416-532-8100 or visit our Website at www.cmcp.ca

Program Descriptions:

Play and Learn Family Drop In

Parents/Caregivers and children are welcome to drop in to the program and enjoy our friendly atmosphere. This is a community based program, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!

Reading Circle

The Reading Circle is a program to encourage family literacy in an early learning environment. It introduces pre-reading and early literacy through play, props and other interactive activities. This is an opportunity for children to use different senses to explore with books. Families will explore interesting stories, sharing their feelings and experiences together.

Parent Information and Referral Services

We offer assistance with referrals, questions and accessing community information and resources over the phone and in person. Pamphlets, books and parenting magazines are available in program and can be signed out of our Resource Lending Library for a 2 week period.

Circle Time

This program introduces pre-reading and early literacy through play, puppetry, props and other interactive activities. Learn new songs and enjoy singing with a diverse group of families in a relaxed environment.

Kinder Gym

Parents/Caregivers and children are welcome to join the Gym Time that lets children be active and meet their gross motor developmental skills. Our child friendly space encourages running, jumping, crawling, sliding, climbing, tumbling, using riding toys and bicycles, playing games, and interacting with others. Parents/caregivers must remain with their children.

Parenting and Early Learning Workshops

Join us for various parenting workshops such as Positive Behaviour Guidance, Raising Sexually Healthy Children, Oral and Dental Health workshop, CPR and First Aid Training workshop etc. Check our calendar for workshops available and register at 416.533-2829.

Baby Connect and Circle Time

Parents/Caregivers join us for informal, interactive and informative discussions on various parenting topics; Healthy Sleep Routines, Introducing Solids, Toddler Temperament, Importance of Play, etc. Stay for the final Infant Circle Time when we focus on baby rhymes, songs and stories!

Program Hours:

Monday to Thursday: 9am – 3 pm

Friday: Drop in at Main Site, 180 Shaw St.

For more information call St Helen's @416-533-2829

Or main site @416-532-8100