

# College-Montrose Children's Place Trinity-Spadina Ontario Early Years Centre

June 2017



*Trinity-Spadina Ontario Early Years Centre provides safe, stimulating, learning environments for children, parents and caregivers with a focus on: supporting healthy child development, strengthening parenting knowledge and skills, breaking down isolation and fostering mutual aid and peer support.*

## Pre-registered Events/Programs: (to register call 416-532-8100 or [dkhambati@cmcp.ca](mailto:dkhambati@cmcp.ca))

- Focus Group for Parents with Disability, Friday, June 2, 5:30 – 7 pm
- Young Parents Connect, Monday April 24 – June 12, 12:30 – 3:00
- Family Literacy Program, Thurs June 8, 15, 22, 1:30 – 3 pm
- **Annual General Meeting**, Sat June 17, 10:30 am. **Please note** our regular drop-in is replaced by AGM, (requires registration) includes presentation by, Stephanie Kishimoto, sleep consultant and sing along with James Funnyhat children's entertainer. Brunch will be served at 12 pm. To register or for more information please call Rosa Lai at 416-532-9485 x 225 or email [rlai@cmcp.ca](mailto:rlai@cmcp.ca)
- Mat Chat: Tuesday, June 20th 1:30 – 2:30 pm Topic: Infant Behaviour Guidance
- Healthy Child Screening: Wed, June 28, 9 am – 3 pm
- Peer Nutrition Program for Spanish speaking families. Every Wed, May 24, 31, Jun 7, 14, 21 & Jul 5. 10:30 – 12:30 pm **\*\*New Program\*\***
- Nurturing Development **on-going** program to offer extra support to you and your family and provide a quiet space to nurture your child. Every Monday from 10 – 12:30 pm

### Important Information

**Stroller Parking:** Please park strollers outside, between the ramp and the building (at the front) and remember to bring a lock and cover for your strollers.

**Maximum Participation:** In order to ensure we are providing families' quality early learning and support services, Trinity-Spadina OEYC will limit participation to approximately 100 individuals at any one time.



**Pour Tous Les Francophones** Le Centre francophone de Toronto offre des programmes diversifiés pour vos enfants en français. Centre francophone de Toronto, 555, Richmond St West Ph: 416-922-2672 ou visitez leur site web au [www.centrefranco.org](http://www.centrefranco.org)

## June 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Snack and Circle Times</b>					
<b>Toddler/Preschool Snack:</b> Tue, Thu, Fri 10:15 <b>Infant Snack:</b> Tue, Thu, Fri 11:15 <b>Saturday Snack: 11:15</b> <b>Family Song Circle:</b> Tue, Thu at 2:30, Wed 4:00		<b>Circle 10:30</b>  <b>Circle: 11:30</b>	1 9 – 3 pm Play & Learn  9 – 11:15 Infant Wriggle & Roll	2 9 – 12:30 pm Play & Learn <b>Circle Time Visit from TPL</b>  <b>5:30 – 7 pm</b> <b>Focus Group for parents with Disability</b>	3 10 – 1 pm Play & Learn
5 10 – 12:30 pm Nurturing Development *Pre-registered*  <b>12-3 pm</b> <b>Young Parents Connect</b>	6 9 – 3 pm Play & Learn  1:45 – 2:30 Toddler Gross Motor Play	7 10:30 – 12:30 <b>Peer Nutrition in Spanish (Week 3)</b> 2 – 6 pm Play & Learn <b>2:30 Cooking with kids</b>	8 9 – 3 pm Play & Learn 9 – 11:15 Infant Wriggle & Roll  <b>1:30 – 3 pm</b> <b>Family Literacy (Week 1)</b>	9 9 – 12:30 pm Play & Learn	10 <b>10-2 Drop In at Fred Hamilton Park (Weather Permitting)</b> <b>1 – 2 pm Picnic at park Portugal Day Parade</b>
12 10 – 12:30 pm Nurturing Development *Pre-registered*  <b>12-3 pm</b> <b>Young Parents Connect</b>	13 9 – 3 pm Play & Learn 1:45 – 2:30 Toddler Gross Motor Play  <b>2:30pm</b> <b>Multi-Language Family Circle time</b>	14 10:30 – 12:30 <b>Peer Nutrition in Spanish (Week 4)</b> 2 – 6 pm Play & Learn  <b>5 – 6 pm</b> <b>Juggling with Baby #2</b>	15 9 – 3 pm Play & Learn 9 – 11:15 Infant Wriggle & Roll <b>Father's Day Planting</b>  <b>1:30 – 3 pm</b> <b>Family Literacy (Week 2)</b>	16 9 – 12:30 pm Play & Learn	17 <b>10:00 – 12:30 pm Annual General Meeting(Pre-register)</b> <i>P.S. Regular Drop In is replaced by AGM, includes presentation by sleep consultant &amp; children entertainer</i>
19 10 – 12:30 pm Nurturing Development *Pre-registered*	20 9 – 3 pm Play & Learn <b>Mat Chat: Infant Behaviour Guidance</b>  1:45 – 2:30 Toddler Gross Motor Play	21 10:30 – 12:30 <b>Peer Nutrition in Spanish (Week 5)</b> 2 – 6 pm Play & Learn	22 9 – 3 pm Play & Learn 9 – 11:15 Infant Wriggle & Roll <b>1:30 – 3 pm</b> <b>Family Literacy (Week 3)</b> <b>6 pm School Readiness Parent Orientation Session</b>	23 9 – 12:30 pm Play & Learn  10:30 Toddler/Preschool Reading Circle	24 10 – 1 pm Play & Learn
26 10 – 12:30 pm Nurturing Development *Pre-registered*	27 9 – 3 pm Play & Learn 1:45 – 2:30 Toddler Gross Motor Play <b>1:15-2:30</b> <b>Crafternoon</b>	28 <b>9 am – 3 pm</b> <b>Healthy Child Screening *Pre-registered*</b> 2 – 6 pm Play & Learn 4 pm Potluck welcoming summer	29 9 – 3 pm Play & Learn  9 – 11:15 Infant Wriggle & Roll	30 9 – 12:30 pm Play & Learn  10:30 Toddler/Preschool Reading Circle	

## Program Descriptions

<p align="center"><b>Play and Learn Family Drop In</b></p>	<p align="center"><b>Reading Circle</b></p>
<p>Parents/caregivers and children enjoy a family friendly atmosphere while they participate in fun filled interactive early learning activities including music, crafts, math, science and much more. Song and Story Circles are held for infants as well as toddlers and preschoolers.</p>	<p>This program introduces pre-reading and early literacy through play, props and other interactive activities. This is an opportunity for children to use different senses to explore with books. Families will explore interesting stories, sharing their feelings and experiences. Story Circles are held for infants as well as toddlers and preschoolers.</p>
<p align="center"><b>Nurturing Development</b></p>	<p align="center"><b>Peer Nutrition Program</b></p>
<p>This is an interactive on-going program for children and their parents/caregivers. The program is designed to offer extra support for you and your child and provide a quiet space to use play to nurture your child's development. Toronto Preschool Speech and Language and other community agencies will occasionally partner with CMCP to provide resources when needed. Space will be limited to 8-10 families. Registration is required and staff will work with the families to see who would best benefit from this program.</p>	<p>“Nutricion” es un programa de pre registro con una duración de 6 semanas que se ofrece en compañía de Toronto Public Health en español, para padres ó cuidadores de niños entre 0-6 años. Este programa se enfoca al crecimiento y desarrollo para niños de esta edad, así como nutrición para toda la familia, la compra Y selección de alimentos saludables Y la preparación de snacks rapidos Y nutritivos. Se ofrecerá valees de comida, TTC Y el cuidado de los niños durante el programa. Para registrarse, llamar a: 416-532-9485 x 221 ó al e-mail: <a href="mailto:dkhambati@cmcp.ca">dkhambati@cmcp.ca</a> Cupo limitado!</p>
<p align="center"><b>Young Parents Connect</b></p>	<p align="center"><b>Infant Wriggle &amp; Roll</b></p>
<p>The “Young Parents Connect” is an opportunity for young parents aged 16-29 and their children aged 0-6 years to come together to share, create and learn. A variety of art activities and informal discussions will be available each week for both the parents and the children to explore. Lunch, TTC tokens, Food Vouchers and Childcare will be provided.</p>	<p>Gross motor activities allow infants to move and thereby attain different and varied perspectives on the environment. In this interactive program infants will play to strengthen large muscle development and engage in processes of cognitive development, such as imitation and build an understanding of social rules.</p>
<p align="center"><b>Parent Relief</b></p>	<p align="center"><b>Mat Chat</b></p>
<p>We offer temporary child care services for a negotiated time. Children are provided with a safe, warm and nurturing environment where they can interact and fully participate in early learning activities</p>	<p>Parents/caregivers join us for an informal, interactive and informative discussion on various parenting topics by PHN, CMCP staff and other guests; Healthy Sleep Routines, Introducing Solids, Toddler Temperament, Importance of Play etc.</p>
<p align="center"><b>Parent Information &amp; Referral Services</b></p>	<p align="center"><b>Family Literacy Program</b></p>
<p>We offer assistance with referrals, questions and accessing community information and resources over the phone and in person. The program has pamphlets, books and parenting magazines are available.</p>	<p>Parents/Caregivers and toddlers/preschooler's are welcome to join us for a time of fun activities, songs and stories for 3 weeks, that promote Literacy. Registration required.</p>
<p align="center"><b>Visit with Toronto Public Health Nurse</b></p>	<p align="center"><b>Rhyme &amp; Song Circle</b></p>
<p>The Toronto Public Health Nurse regularly visits our program as a community partner. This is an opportunity to meet, ask questions get information and resources in an informal manner.</p>	<p>Join us with your baby/toddler/preschooler and take pleasure in songs, rhymes and games. Enjoy lively discussions with a diverse group of parents in a relaxed environment. Share your unique viewpoint and experiences. Make new friends for your baby and you</p>
<p align="center"><b>Snack Time</b></p>	
<p align="center">We serve delicious and nutritious snacks to children every day in the program. Children try a variety of new snacks. All snacks are free of tree nuts, peanuts and sesame seeds. <b>Participant donations are encouraged and appreciated.</b></p>	

## Trinity-Spadina OEYC Main Site and Satellite Locations

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>📍 2 Alexandra Park C.C. 3 – 6 Family Drop In</p> <p>📍 6 St Alban's Boys &amp; Girls Club 9:30 – 12:30 Family Drop In</p>	<p>📍 3 Cecil Community Centre 10 – 1 Family Drop In</p> <p>📍 5 Scadding Court Community Centre 4 – 6 Family Drop In</p> <p>📍 6 St Alban's Boys &amp; Girls Club 9:30 – 12:30 Family Drop In</p> <p>📍 7 TCCSA 10 – 12 Melody ABC 1 – 5 Family Drop In</p>	<p>📍 4 Waterfront Neighbourhood Centre 1 – 3 Baby Drop In 5 – 8 Family Drop In</p> <p>📍 5 Scadding Court C.C. 5:30 – 8:30 Parenting 1234</p> <p>📍 6 St Alban's Boys &amp; Girls Club 9:30 – 12:30 Family Drop In</p>	<p>📍 3 Cecil C.C. 10 – 1 Family Drop In</p> <p>📍 6 St Alban's Boys &amp; Girls Club 9:30 – 12:30 Family Drop In</p>	<p>📍 4 Waterfront Neighbourhood Centre 1 – 3 Baby Drop In</p> <p>📍 6 St Alban's Boys &amp; Girls Club 9:30 – 12:30 Family Drop In</p> <p>📍 7 TCCSA 10 – 12 &amp; 1-3 Family Drop In</p>	<p>📍 2 Alexandra Park C.C. 10 – 3 Family Drop In</p> <p>📍 3 Cecil Community Centre 10 – 1 Family Drop In</p> <p>📍 6 St Alban's Boys &amp; Girls Club 10 – 12 Family Drop In</p>

🏠 1 **Main Site:** 180 Shaw St 416-532-8100

### Satellites

📍 2 Alexandra Park Community Centre 105 Grange Court 416-603-9603

📍 3 Cecil Community Centre 58 Cecil St 416-392-1090

📍 4 Waterfront Neighbourhood Centre 627 Queens Quay W 416-392-1509

📍 5 Scadding Court Community Centre 707 Dundas St W 416-392-0335

📍 6 St Alban's Boys & Girls Club 843 Palmerston Ave 416-543-8461

📍 7 Toronto Cross Cultural Services Ass. 302 Spadina Ave, #206 416-977-4026

### Other CMCP Sites Outside Trinity-Spadina

St Helen at Mary McCormick Recreation Centre  
66 Sheridan Ave 416-533-2829

Gooch Family Resource Program  
3735 Dundas St West 416-358-0031

