



**Activities**

**Play & Learn Family Drop In:** Parents/Caregivers and children enjoy a family friendly atmosphere while they participate in fun filled interactive early learning activities, music and crafts, math and science and much more. Song and Story Circles are held every morning.

**Nurturing Development:** This is an on-going program for children and their parents/caregivers. The program is designed to offer extra support for you and your child and provide a quiet space to use play to nurture your child's development. Toronto Preschool Speech and Language and other community agencies will occasionally partner with CMCP to provide resources when needed. Space will be limited to 8-10 families. Registration is required and staff will work with the families to see who would best benefit from this program..

**Parent Relief/Occasional Childcare:** We offer temporary child care services for a negotiated time. Children are provided with a safe, warm and nurturing environment where they can interact and fully participate in early learning activities.

**Mathematical Me:** Mathematical Me is a program especially for 4 - 6 year old children and their parent or caregiver. This program focuses on fun and interesting ways of introducing young children to the 5 strands of mathematics that they will encounter in elementary school. This program helps parents and caregivers to see the math in everyday situation at home or in a childcare centre.

**Parenting 1234:** The goals of the program are to provide families with strategies to assist them in their parenting skills. The focus is to give parents or caregivers a better understanding of how children develop, how they learn and how parents can improve their techniques to support their children's development while, at the same time building parents confidence.


*The Following programs are targeted to Cantonese/Mandarin Families.*

**Melody ABC:** Children between 0-2 years old and their parents and/or caregivers take pleasure in sharing songs, rhymes, and story-telling.

**Pre-school Parenting:** Parent/caregivers and children 2-4 years old explore a variety of fun literacy and communication activities while bonding together.

**Healthy Child Development (3-6 years old)** Parents/caregivers discuss child development while participating in activities that promote physical and cognitive development.

**Healthy Eating, Healthy Living** Children and their parents/caregivers work together on simple cooking activities while learning about nutrition.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>Main Site</b> 10—12:30 pm Nurturing Development Pre-registered</p>	<p><b>Main Site</b> 9—3pm Play &amp; Learn</p>	<p><b>Main Site</b> 2—6pm Play &amp; Learn</p>	<p><b>Main Site</b> 9—3pm Play &amp; Learn</p>	<p><b>Main Site</b> 9—12:30 Play &amp; Learn</p>	<p><b>Main Site</b> 10—1 Play &amp; Learn</p>
	<p><b>St Alban's Boys &amp; Girls Club</b></p> <p>Family Drop In 9:30—12:30pm</p>	<p><b>Cecil Community Centre</b> Family Drop In 10—1pm</p>	<p><b>Waterfront Neighbourhood Centre</b> Baby Drop In 1—3pm</p> <p>Family Drop In (Age 2.5—6yrs) 5pm—8pm</p>	<p><b>Cecil Community Centre</b> Family Drop In 10—1pm</p>	<p><b>Waterfront Neighbourhood Centre</b> Baby Drop In 1—3pm</p>	<p><b>Cecil Community Centre</b> Family Drop In 10—1 pm</p>
	<p><b>St Alban's Boys &amp; Girls Club</b> Family Drop In 9:30—12:30pm</p>	<p><b>St Alban's Boys &amp; Girls Club</b> Family Drop In 9:30—12:30pm</p>	<p><b>St Alban's Boys &amp; Girls Club</b> Family Drop In 9:30—12:30pm</p>	<p><b>St Alban's Boys &amp; Girls Club</b> Family Drop In 9:30—12:30pm</p>	<p><b>St Alban's Boys &amp; Girls Club</b> Family Drop In 9:30—12:30pm</p>	<p><b>St Alban's Boys &amp; Girls Club</b> Family Drop In 10—12</p>
		<p><b>TCCSA</b> Melody ABC 10—12pm Family Drop In 1—5pm</p>			<p><b>TCCSA</b> Healthy Child Development 10—12pm Healthy Eating Healthy Living 1-3 pm</p>	

**Program Sites**

<u><a href="#">OEYC Main Site &amp; CMCP offices</a></u>	<u><a href="#">Alexandra Park Community Centre</a></u>	<u><a href="#">Cecil Community Centre</a></u>	<u><a href="#">Waterfront Neighbourhood Centre</a></u>	<u><a href="#">Scadding Court Community Centre</a></u>	<u><a href="#">St Alban's Boys &amp; Girls Club</a></u>	<u><a href="#">TCCSA</a></u>
180 Shaw St 416-532-8100 <a href="http://www.cmcp.ca">www.cmcp.ca</a>	105 Grange Court 416-603-9603 <a href="http://www.alexandraparkecc.com">www.alexandraparkecc.com</a>	58 Cecil St 416-392-1090 <a href="http://www.cecilcommunitycentre.ca">www.cecilcommunitycentre.ca</a>	627 Queens Quay W 416-392-1509 <a href="http://www.harbourfrontcc.ca">www.harbourfrontcc.ca</a>	707 Dundas St W 416-392-0335 <a href="http://www.scaddingcourt.org">www.scaddingcourt.org</a>	843 Palmerston Ave 416-534-8461 <a href="http://www.stalbansclub.ca">www.stalbansclub.ca</a>	302 Spadina Av, #206 416-977-4026 <a href="http://www.tccsa.on.ca">www.tccsa.on.ca</a>