

Mon	Tue	Wed	Thu	Fri	Sat
			1 9-3:00 Play and Learn Family Drop-in <b>9:30-10:30 Family Gardening</b> **** Wrap-up! **** 10::30 Nutritious Snack 10:45 Musical Circle Time	2 Play and Learn Family Drop-in at 180 Shaw St. Site 9 – 12:30	3 Play and Learn Family Drop-in at 180 Shaw St. Site 10 – 1:00
5 9:00-11:30 Kindergym 11:00 Circle Time 11:30-3:00 Play and Learn Family Drop-in	6 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 Reading Circle 1:30-3 Baby Connect & Circle Time	7 9:00-11:30 Kindergym 11:00 Circle Time 11:30-3:00 Play and Learn Family Drop-in	8 9-3:00 Play and Learn Family Drop-in <b>9:30-10:30 Child Directed Play Discussion &amp; Play Time</b>  10::30 Nutritious Snack 10:45 Musical Circle Time	9	10 <b>Portugal Day Parade and Fred Hamilton Park Meet-up</b> (Call the Shaw site for more details)
12 ↓	13 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 Reading Circle <b>1:30-3 The Importance of Play Infant Mat Chat</b>	14 ↓ <b>Last Day of Kindergym until Sept</b>	15 9-3:00 Play and Learn Family Drop-in <b>All Day Father's Day Crafting Activities</b> 10::30 Nutritious Snack 10:45 Musical Circle Time	16	17 10:30 Annual General Meeting (Pre-registered)
19 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time	20 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 Reading Circle 1:30-3 Baby Connect & Circle Time	21 9-3:00 Play & Learn Family Drop-in 10:30 Nutritious Snack 10:45 Circle Time	22 9-3:00 Play and Learn Family Drop-in <b>PRIDE Parade and Activities</b> 10::30 Nutritious Snack 10:45 Musical Circle Time	23	24 ↓
26 ↓	27 9-3:00 Play and Learn Family Drop-in 10:30 Nutritious Snack 10:45 <b>Canada Day Reading Circle</b> 1:30-3 Baby Connect & Circle Time	28 ↓	29 9-3:00 Play and Learn Family Drop-in 10::30 Nutritious Snack 10:45 Musical Circle Time	30 ↓	<b>Drop-in Closed for Canada Day Long Weekend</b>

All our Programs are FREE. For more information please call: 416-533-2829 or 416-532-8100 or go to... [wwwcmcp.ca](http://wwwcmcp.ca)

## **Program Descriptions:**

### **Play and Learn Family Drop In**

Parents/Caregivers and children are welcome to drop in to the programme and enjoy our friendly atmosphere. This is a community based programme, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!

### **Reading Circle**

The Reading Circle is a program to encourage family literacy in an early learning environment. It introduces pre-reading and early literacy through play, props and other interactive activities. This is an opportunity for children to use different senses to explore with books. Families will explore interesting stories, sharing their feelings and experiences together.

### **Parent Relief/Occasional Childcare**

We offer temporary child care services for a negotiated time. Children are provided with a safe, warm and nurturing environment where they can interact and fully participate in early year's activities.

### **Kinder Gym**

Parents/Caregivers and children are welcome to join the Gym Time that lets children be active and meet their gross motor developmental skills. Our child friendly space encourages running, jumping, crawling, sliding, climbing, tumbling, using riding toys and bicycles, playing games, and interacting with others. Parents/caregivers must remain with their children.

### **Parenting and Early Learning Workshops**

Join us for various parenting workshops such as Positive Behaviour Guidance, Raising Sexually Healthy Children, Oral and Dental Health workshop, CPR and First Aid Training workshop etc. Check our calendar for workshops available and register at 416.533-2829.

### **Baby Connect and Circle Time**

Parents/Caregivers join us for informal, interactive and informative discussions on various parenting topics; Healthy Sleep Routines, Introducing Solids, Toddler Temperament, Importance of Play, etc. Stay for the final Infant Circle Time when we focus on baby rhymes, songs and stories!

### **Program Hours:**

Monday to Thursday: 9am – 3 pm

Friday: No Drop In

For more information call the main site  
@ 416-532-8100 or call St Helen's @ 416-533-2829