



ANNUAL REPORT 2025

Nurturing Families,
Building Belonging,
Strengthening Community

www.cmcp.ca



TABLE OF CONTENTS

Message from the Board Chair and Executive Director

3

Who We Are

4

2025 By the Numbers

5

A Bridge to Confidence and Belonging

6

Programs and Partnerships

7

Cooper Mills-Gooch Community Food Bank Impact

8

Community Engagement and Events

9

Thank You to Our Volunteers

10

Financial Snapshot

11

Treasurer's Report

12

Thank You to Our Donors

13

Contact Us

A MESSAGE FROM THE BOARD CHAIR AND EXECUTIVE DIRECTOR

Reflections on 2025 and the Path Ahead

Our report to you last year focused on the process leading to the acquisition of our main site on Shaw Street. That milestone was completed on February 3, 2025, marking an important new chapter for CMCP.

Where 2024 was a year of anticipation and change, 2025 became a year of adjustment. As new owners, we learned along the way, navigated a few unexpected challenges, and are now settling into this new reality.

Like many organizations in the non-profit sector, we continue to face financial pressures. Costs are rising, while core funding has remained relatively stable. CMCP has always worked to bridge this gap through fundraising, but this has also become more challenging in the current economic climate.

We were fortunate to receive a significant and unexpected donation late in the year. This helped turn an anticipated deficit into a modest operating surplus, our first in several years. Moving forward, we remain focused on long-term sustainability through continued fundraising efforts and careful management of resources.

In response to community needs, we made important adjustments to our programs in 2025. Service hours increased by 15 hours per week, including the introduction of evening programming across our three main sites and full-day Saturday programming. These changes also align with updated EarlyON guidelines.

The Cooper Mills-Gooch Community Food Bank continues to grow and strengthen. With support from both operating and capital grants, we were able to enhance the space with new equipment and improved infrastructure. We also strengthened existing partnerships and established new ones, including in-kind support from Project Food Chain and Global Medic.

Equity, Diversity, and Inclusion remain central to our work. Following our EDI audit, we established a Black Advisory Subcommittee to help guide and inform our programs. This group plays an important role in ensuring our services remain inclusive, culturally responsive, and reflective of the communities we serve.

We are grateful to our funders and partners. The City of Toronto continues to support EarlyON programming and provided additional support toward the purchase of our Shaw Street site. The United Way of Greater Toronto has confirmed continued funding for the Gooch Family Resource Program through the 2027–28 fiscal year.

We also thank LiUNA Local 183 and LiUNA OPDC for their ongoing support. A special thank you to Shawn Kimmel Investments Inc. for their generous end-of-year contribution, which will help sustain and strengthen our impact.

To our broader community of donors and supporters, thank you. Your continued support makes this work possible.





Our Vision

Healthy Children, Healthy Families, Healthy Communities

Our Mission

CMCP is a free family resource program that addresses the changing needs of diverse families. We create connections between children, parents, grandparents and other caregivers in local neighbourhoods with a focus on supporting healthy child development, promoting healthy families, fostering mutual aid and peer support, strengthening parenting knowledge and skills, breaking down isolation, and valuing inclusion and harmony.

Our Programs & Services

- Play and Learn Drop-In
- Family Workshops
- School Readiness
- Time Out for Young Parents
- Parent Relief
- Toy Lending Library
- Cooper Mills-Gooch Community Food Bank

Our Locations

Directly Operated Sites

- Main Site EarlyON, 180 Shaw Street
- St. Helen's EarlyON, Mary McCormick Recreation Centre
- Lambton EarlyON, 3735 Dundas Street West
- Gooch Family Resource Program, 3735 Dundas Street West
- Cooper Mills-Gooch Community Food Bank, 4020 Dundas Street West

POS Satellite Sites

- Cecil Community Centre EarlyON
- BCG St. Alban's Club
- The Cross-Cultural Community Services Association EarlyON
- Waterfront Neighbourhood Centre EarlyON

2025 BY THE NUMBERS

In 2025, CMCP supported thousands of children and families across multiple sites through drop-in programs, workshops, school readiness supports, outdoor programming, food bank services, and community events.



69,695

Visits Across CMCP Program Sites

5,156

Children Served

5,471

Adults Served

1,298

Program Sessions
Delivered

4,794

Hours of
Programming

235

Workshop
Participants

61

Outdoor Programs in
Toronto Parks

190+

Households Served Weekly
Through our Foodbank

163,000+

Pounds of Food
Distributed



A Bridge to Confidence and Belonging

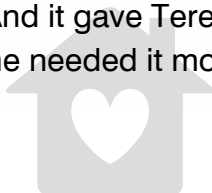
When Teresa first came to CMCP, she was carrying a lot.

As a migrant mother without an established support network, she was trying to care for two young children while adjusting to life in a new community. She found support through CMCP's EarlyON programming, where her two-year-old daughter was given space to learn, play, and build trust through the warmth and patience of staff. Teresa says that same welcoming environment also made a difference for her as a parent, helping her feel understood, supported, and less alone during a vulnerable time.

Later, when her four-year-old son joined CMCP's School Readiness Program in July 2025, Teresa was deeply anxious about his transition to school. He is a highly sensitive child with a strong emotional attachment to her, and separation was something she worried about deeply. Through the care of CMCP educators and the program's thoughtful and flexible approach, that fear gradually began to ease. Over time, her son became more comfortable, built confidence, and genuinely enjoyed attending the program.

One of the most meaningful parts of the experience was a small ritual they created together. Teresa and her son bought matching bracelets and tapped them together at drop-off to activate their superpowers, reminding each other that even when they were apart, they were still connected. What began as a simple comfort became a symbol of emotional growth, trust, and safety.

For Teresa, CMCP did more than prepare her son for school. It helped build an emotional bridge between home and independence. It gave her daughter a place to grow in confidence and connection. And it gave Teresa herself a sense of care, reassurance and community, at a time when she needed it most.



PROGRAM AND PARTNERSHIPS

CMCP works alongside a broad network of community organizations, sector partners, and institutions to support families across Toronto. These partnerships help strengthen our programs, expand our reach, and respond to the evolving needs of the communities we serve.

Government & Institutional Partners

- Mothercraft Society College
- Seneca Polytechnic
- Toronto Public Health
- Toronto Public Library
- Toronto Metropolitan University
- University of Toronto

Community & Sector Partners:

- BGC St. Alban's Club
- Cecil Community Centre
- Community Health (previously Four Villages)
- Downtown West Cluster Group
- Family Support Institute Ontario
- Management Advisory Services
- Mary McCormick Recreational Centre
- Ojibiikaan Indigenous Cultural Network
- Ontario Nonprofit Network
- Planned Parenthood Toronto
- Provincial Early Years Network
- Right to Food
- Social Planning Toronto
- The Cross-Cultural Community Services Association
- The Native Canadian Centre of Toronto
- Toronto Community Housing Corporation
- Waterfront Neighbourhood Centre
- York West Pellam Cluster Group

COOPER MILLS-GOOCH COMMUNITY FOOD BANK



The Cooper Mills-Gooch Community Food Bank continued to play an important role in supporting families experiencing food insecurity in our community. This work was made possible through strong partnerships and consistent community support. .

Key food bank partners and supporters included:

- Daily Bread Food Bank
- The Presbyterian Church in Canada
- St. Giles Kingsway Presbyterian Church
- Global Medic
- Toronto Community Housing Corporation

200+

**Families Served Weekly
Through our Food Bank**



As food insecurity continues to affect many households, the food bank remains an essential part of CMCP's commitment to supporting the whole family with food and wrap-around services.

COMMUNITY ENGAGEMENT & EVENTS

Community events continued to be an important part of CMCP's fundraising and relationship-building efforts in 2025.

Big Toddle: Step Up for Little Feet!

The Big Toddle brought families and community members together for a joyful day of movement, connection, and community spirit, helping to strengthen support for CMCP's programs and services.



141

Children Participated

250

Community Members



Together We Can! Community Gala

The annual "Together We Can!" Community Gala was an inspiring evening that united supporters in celebration of CMCP's impact, helping to sustain essential programs and services for children and families.

300

Attendees

\$82,000

Revenue

A Night to Remember at Chiado

This intimate evening at Chiado created a meaningful opportunity for supporters to connect with CMCP's mission while contributing to the continued growth of programs that benefit children and families.



50

Guests

\$40,000

Revenue Generated

THANK YOU TO OUR VOLUNTEERS

Volunteers continue to play an essential role in supporting CMCP's programs and services. In 2025, 132 volunteers contributed 2,428 hours, helping strengthen programs, support the food bank, and assist with community events. Their time, energy, and care helped ensure that families felt welcomed and supported across CMCP locations.



Volunteer Snapshot

Volunteers

132

Volunteer Hours

2,428

Community Support

\$70,000+

(in volunteer time & skills)

Board of Directors

- Patrick Madden | Chair
- Robert Spafford | Treasurer
- Patrick Waller | Vice Chair & Development Committee
- Mirjana Vladusic | Secretary
- Don Spandier | Development Committee Chair
- Abby Wong | Program Committee Chair
- Morten Lave | Development Committee
- Tara Cassidy | Governance Committee

“Behind every program and every moment of support is a volunteer helping make it possible.”

Program Committee

- Jasminta Ryan
- Lasandra Conliffe
- Roula Kassem

Development Committee

- Devin Glowinski
- Nicole Fletcher
- Eric Gage
- Minni Jain

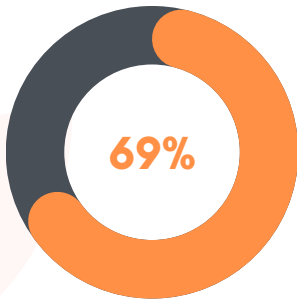
FINANCIAL SNAPSHOT

For the Year Ended December 31, 2025

AT A GLANCE

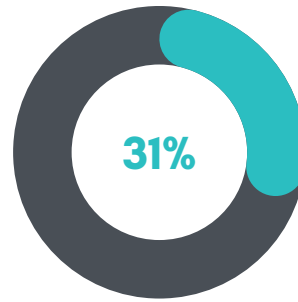
Total Revenue	Total Expense	Operating Surplus
\$1,351,585	\$1,279,789	\$71,796

WHERE THE MONEY COMES FROM



Core Funding

The Government and United Way partially fund our programs

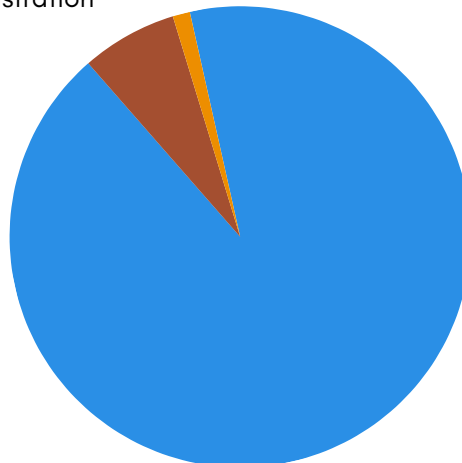


Fundraising Effort

Donations from individuals, corporations, and community partners bridge the funding gap and ensure families receive comprehensive support.

WHERE THE MONEY GOES

Management and Administration
6.7%



Charitable Activities
92.1%

- Charitable Activities
- Management and Administration
- Administration Fundraising

TREASURER'S REPORT

As Treasurer, I am pleased to present the financial highlights for the year ended December 31, 2025.

CMCP delivered a strong financial performance in 2025, reflecting both continued community support and disciplined financial management. The organization recorded a net surplus of \$71,796, a significant improvement compared to the deficit of \$62,517 recorded in 2024.

CMCP ended the year with net assets of approximately \$506,000, up from \$434,000 in 2024, reinforcing our commitment to long-term financial sustainability.

A Year of Investment

A defining milestone in 2025 was the completion of the purchase of our Forever Home at 180 Shaw Street. This investment significantly increased capital assets to \$1.36 million, with corresponding financial liabilities of \$0.76 million.

While this introduces new financial obligations, it also provides long-term stability, eliminates leasing uncertainty, and positions CMCP to serve families for generations to come.

Looking Ahead

As we look ahead, our priorities include refining CMCP's strategic direction and implementing a prudent plan to manage and repay the financing associated with our new home. With a strong financial foundation and continued community support, we are well positioned to build on this momentum.

We remain deeply grateful to our donors, partners, and volunteers whose generosity and commitment make our work possible.

A Personal Note

Finally, after several rewarding years serving on the Board, I will be stepping down from my role as Treasurer and Vice Chair. As my family commitments grow and my boys become increasingly involved in their activities, I am stepping back with great confidence in the strength of CMCP's leadership and its future.

It has been a privilege to contribute to such an impactful organization, and I look forward to continuing to support CMCP in the years ahead.

THANK YOU TO OUR DONORS



We are deeply grateful to our funders, donors, monthly donors, and community partners whose support makes our work possible.

Government Funders

- Toronto Children's Services – EarlyON Child and Family Centre
- Employment and Social Development – Canada
- Employment and Social Services – Toronto
- Ministry of Education – Ontario

Community Funders

- United Way of Greater Toronto
- LiUNA Local 183 and LiUNA OPDC
- Canadian Red Cross
- Charitable Gaming Centre Association (CGCA)

Major Donors

- Shawn Kimmel Investments Inc.

Corporate and Community Supporters

- | | |
|-----------------------------|------------------------------|
| • Alterna Bank | • Marmakas |
| • Art Gallery of Ontario | • Mejuri |
| • Bellwoods Brewery | • Michel Germain |
| • Burgundy Asset Management | • Mondelez International |
| • Café Zuzu | • Morning Parade Coffee |
| • Captain Bob – BT Yacht | • Nails by Tea |
| • Caudalie | • Oyster Boy |
| • CBC | • Merete Real Estate Company |
| • Chiado Restaurant | • Ride Cycle Club |
| • Cidel | • Royal Ontario Museum |
| • D&D Inclusion | • Royale |
| • Downtown Winery | • Saudade |
| • Faced by V | • Shoppers Drug Mart |
| • Glass Box Barber Shop | • Sony Music |
| • Golden Turtle | • Sweetgrass Creations |
| • Heal Space | • The Drake Hotel |
| • IC Savings Bank | • Union |
| • Koukla | • Vesuvio's Ristorante |
| • Macedo Winery | • Quilter's Guild of Toronto |



Thank You!

Thank you to our funders, donors, monthly supporters, volunteers, and community partners who make our work possible.

Because of your support, children and families across our community continue to access safe spaces, meaningful programs, and the support they need to thrive.

We are grateful to be part of such a strong and caring community.

CONTACT US



416-532-9485 ext. 221



info@cmcp.ca



CMCP Administrative Office, 180 Shaw Street, Lower Level 2,
Toronto, Ontario, M6J 2W5